

Assessment

1. On a scale of 1-10, what is your awareness of the following?
 - a. Strengths _____
 - b. Weaknesses _____
 - c. Difficult situations _____
2. On a scale of 1-10, what is your ability to identify situations that will most likely be difficult for you? _____
3. Please complete the following sentences.
 - a. I tend to go overboard when I feel _____.
 - b. People often misread my _____.
 - c. If I could change one thing about my communication style, it would be _____.
 - d. I really resent it when _____.
 - e. Honestly I always the pest policy, especially when _____.
4. My plan of action whenever I feel stressed at work is to engage in the following
 - a. _____
 - b. _____
 - c. _____
 - d. _____
5. My 3 greatest strengths are
 1. _____
 2. _____
 3. _____
6. My 3 greatest weaknesses are
 1. _____
 2. _____
 3. _____
7. I believe I am a good hire because

8. I believe this company is a good fit for me because

